**Asthma Risk Minimisation Form**

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| **Child’s Name:** | | | |
| **Child’s Date of Birth:** | | | **Child’s Year / Class:** |
| **Trigger** | **Risk** | **Service Risk Minimisation Strategy** | |
| Cold & Flu | Low  Moderate  High | Parents to notify service if child is unwell so they can be monitored.  Child will be offered quiet activities whilst. | |
| Smoke & Bush Fires | Low  Moderate  High | Time the child spends outside to be minimised Whilst indoors, windows/doors will be closed.  Child will be regularly monitored.  Do regular checks with the council regarding warning for controlled burns. | |
| Exercise | Low  Moderate  High | Child will be monitored and reminded to take regular breaks.  Administer inhaler prior to exercise if Action Plan states. | |
| Inhaled Allergens | Low  Moderate  High | Keep all areas clean to minimise dust, service is vacuumed and swept daily.  Be mindful of long exposure to outside allergens. | |
| Weather Changes | Low  Moderate  High | Keep room at consistent temperatures.  Remind child to adjust clothing to suit the weather. | |
| Medication | Low  Moderate  High | Medication is not given to child unless previously authorised by a parent or guardian.  All medication must be supplied in original container with a Chemist label, displaying child’s name and recommended dosage. | |
| Chemical / Strong Smells | Low  Moderate  High | Chemicals not to be used near child  Staff to be mindful of using strong perfumes/deodorants. | |
| Emotional Stress | Low  Moderate  High | Communication with parents is ongoing.  Close monitoring of child during high trigger times. | |
| Food & Food Preservatives | Low  Moderate  High | Child to bring food from home.  Service to offer foods with minimal/no preservatives.  Educators will discourage sharing of foods. | |
| Other: | Low  Moderate  High |  | |